



# LUNCH MENU

August 5–August 16, 2019

## Monday, August 5

### Tisha B'av (No Meat)

Mac & Cheese  
Roasted Vegetables  
Garden Salad  
Carrots/celery Sticks  
Italian Ice

## Tuesday, August 6

### Tisha B'av (No Meat)

Pizza-Cheese  
Pizza-Vegetable  
Garden Salad  
Carrots/Celery Sticks  
Cookies

## Wednesday, August 7

### Tisha B'av (No Meat)

Grilled Cheese  
Tomato Soup  
Garden Salad  
Fruit Salad

## Thursday, August 8

### Tisha B'av (No Meat)

Quesadillas Cheese & Veggie  
Brown Rice & Beans  
Garden Salad  
Carrots/Celery sticks  
Fruit

## Friday, August 9

### Tisha B'av (No Meat)

Breakfast for Lunch!  
French Toast Sticks  
Mini Bagels  
Hash Browns  
Watermelon

## Monday, August 12

Chicken Nuggets  
Tator Tots  
Garden Salad  
Carrots/Celery Sticks  
Italian Ice

## Tuesday, August 13

Tacos  
Chips/ Salsa  
Garden Salad  
Carrots/Celery Sticks  
Fruit

## Wednesday, August 14

Pasta - Sauce  
Pasta - Plain  
Garlic Bread  
Garden Salad  
Bread Sticks  
Ice Cream

## Thursday, August 15

Chicken Patty Sandwich  
Tater Tots  
Garden Salad  
Carrots/Celery sticks  
Ice Pops

## Friday, August 16

BBQ Day  
Hamburgers  
Hot Dogs  
Veggie Burgers  
Potato Wedges  
Grilled Vegetables  
Garden Salad  
Watermelon

Plain Pasta and Sun butter & jelly available daily

We are peanut free.

Special dietary requests addressed on an individual basis.

Whole wheat and whole grain breads used.